



# Emily Sherman Photography

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## PREPARING FOR A PORTRAIT SESSION

### General:

Dress all subjects from head to toe. You can't be sure your feet in flip-flops won't make it into the shot! Bare feet are good, too, for more casual portraits.

Schedule the session for a time that is best for the subjects. Children should be fed, rested, and diapers changed. Portraits turn out best when the subjects are happy!

Avoid clothes with words, large pictures, stripes, checks, plaids, or any busy patterns. All of those distract attention from the face.

Avoid bright reds and oranges. Darker shades, including rust, dark green, dark blue, black, and dark browns, generally look good in indoor portraits. Soft pastels, khaki, ivory, white, and denim are good choices for outdoor settings.

Feel free to bring a few changes of clothes. Emily will help you pick the best outfit(s) for the setting.

Long sleeves usually work better. Bare arms tend to draw attention away from the face. Women usually look better in v-necks than in round collars or turtlenecks. Dress shirts, v-necks or turtlenecks work well for men.

### Children

Children should be fed, rested, and diapers changed. Portraits turn out best when the subjects are happy!

### Groups/Families (Men/Women?)

Subjects in a group portrait should wear complementary colors and similarly styled clothes. One person in clothes that are much lighter or darker than the other will stand out. The same goes for much different styles (dress shirts with t-shirts, for example).

Clothes that work well in groups are khaki or denim pants (the same choice for all subjects).

Classic, elegant jewelry is the best choice for women. Plan to take watches off before the session starts.

### Pregnancy

We'd love to capture the beauty of your pregnancy! Remove elastic (clothes that leave marks) well in advance of your session. Wear clothes that are easily tucked or rolled down or up. A sports bra or tank top works well. Lighter colors show off your belly better

Everything in the General section applies here as well.

### Pets

Pets should be clean and groomed, if possible. Bring small treats or toys to entertain and reward your pet.